



Bookmark images from the above stained glass window in Carlow Cathedral, "Saint Patrick Preaching to the Kings"

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| | <p>KINGS HEARD</p> | | | | <p>THE DEER'S CRY</p> | <p>St Patrick's Breastplate</p> |
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|--|--|--|---|--|---|-------------------------------------|
| <p>I ARISE TODAY THROUGH A MIGHTY STRENGTH:</p> | | <p><i>The invocation of the Trinity,</i></p> | <p><i>Through a belief in the Threeness,</i></p> | <p><i>Through a confession of the Oneness</i></p> | <p><i>Of the Creator of creation.</i></p> | <p>St Patrick's Breastplate</p> |
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I ARISE TODAY

Through God's
strength to pilot me;

Christ with me
Christ before me
Christ behind me

God's might to
uphold me

Christ in me

God's wisdom to
guide me

Christ beneath me
Christ above me

God's eye to look
before me

Christ on my right
Christ on my left

God's ear
to hear me,

Christ
when I lie down

God's word
to speak for me,

Christ
when I sit down

God's hand
to guard me,

Christ in the heart
of every man who
thinks of me

God's way
lie before me
God's shield
to protect me

Christ in the mouth of
every man who
speaks of me

God's hosts
to save me

Christ in the eye
that sees me,

From snares
of the devil,

Christ in the ear
that hears me.

From temptations
of vices,
From everyone
who desires me ill,

Afar and anear,
Alone or in a
multitude.